

94 AW Family Support Bulletin

Air Force Spouse Responds to the Events of 9.11.01

The following "open letter" was posted by an Air Force Spouse on the Spouse Network, Air Force Crossroads site.

Mr. Bin Laden,

Sir I would like to thank you for taking the time out to send a few of your willing workers of hate and deception to this country to attempt to destroy us.

In the process of trying to terrorize us to death, the hand of God stepped in and still got glory within your evil and deceptive plan to put fear in the hearts and minds of the American people.

- 1. Thank you for showing and allowing our President and past Presidents to Worship and pray together in the same Sanctuary.
- 2. Thank you for having Congress bow at the Feet of Jesus and ask for forgiveness and ask for the Lord's strength in leading the nation's people.
- 3. Thank you for allowing Prayer in the schools once more and having our children across the nation be able to ask God for strength and protection throughout their school day.
- 4. Thank you for showing us that it is the

- hand of God that allows us to be here day in and day out, we are not just here on our own
- Thank you for leading more people back to church in one day to get things right with God than all the witnessing of all the Christians in this country could do in one year.
- Thank you for reminding us that racial, religious, and cultural hatred is useless and nothing good comes from harboring it.
- 7. Thank you for letting us again understand why on our money it says in God we trust, we sing God bless America and what true patriotism is.
- Most of all Mr. Bin Laden now that the Lord is on our side, Thank you for letting him take his rightful place on the battlefield, so you will know that he will have the victory...

A Proud American Citizen, and a Soldier in the Army of the Lord...

The Spouse Network and Spouse Forum are accessible to individuals who are DEERS enrolled www.afcrossroads.com.





We extend our heartfelt sympathies to all of those who were injured and to the families and friends of the loved ones who were injured or lost their lives during the New York, Washington, and PA tragedies. GOD Bless America!

Family Readiness Screening Checklist

- 1. Are all your dependents enrolled in DEERS?
- 2. Do you have a designated person to handle your financial affairs in your absence?
- 3. Do you have important financial documents in a readily-accessible file?
- 4. Does your family have your unit point of contacts?
- 5. Do you have a will?
- 6. Are you ready to be deployed today?

Achieve Mission Readiness through Family Readiness

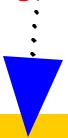
FREE Family Readiness Check-Up

Dobbins Air Reserve Base

Family Support Center Bldg 838, Room 2313 Tel: 770-919-5004 or 1-888-436-2246 ext 9-5004

Expiration Date: Always Good Monday-Friday 8 - 4PM and UTA Weekends

Helping Children Cope with 9.11.01



Way To Help Children Cope

- ? Children under the age of 6 should not be exposed to viewing coverage of the event; and the viewing time of older children should be limited.
- ? Reassure children that they are safe.
- ? Be honest about what has happened. Provide facts that are appropriate for their level of understanding.
- ? Try to return your family to as normal a routine as possible...
- ? Remember the importance of touch. Hugs are reassuring.
- ? Talk with teachers and caregivers to share information about children's reactions.
- ? Watch for signs of repetitive play in which children reenact the events. This may be a warning sign of emotional trauma.

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Plant a flower with children as a symbol of life. Spending extra time with your children talking, listening and observing their play is an important key to assessing the impact of the current events on them.

"The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy."

-Martin Luther King, Jr.

Holiday Season Fast Approaching



This is the time of year to recognize everyone important in our life. Take the time now before the time crunch sets in to plan holiday travels and gifts. Set a budget and keep lists. Planning ahead should allow you to work better within a set budget and hopefully not experience spending regrets. The Family Support Center offers excellent resources on budgeting and we may even have ideas for the perfect gift for your most difficult to buy for loved one. Stop by and see.

Family Support Center

Director, Mr. Ealy Ritter

Technicians: **TSG** Louis Burks, TSG Sylvia Knight and TSG Dianne Yearby.

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www.afrc.af.mil/22af/94aw/ family_readiness.asp

New SGLI Coverage Begins 1 November 2001

Family member coverage for spouses and dependent children spouses and dependent children, and that you are that will be available through the Service members' Group Life afforded an opportunity before 1 Nov 01 to make Insurance (SGLI) Program is scheduled for implementation on 1 your election. Nov 01. On 5 Jun 01, President Bush signed the Veterans' Survivor Benefits Improvements Act of 2001, (Public Law 107-14) Where can I get additional information or aninto law, which, for the first time in the history of the SGLI pro- swers to questions? gram, will make SGLI coverage available for spouses and dependent children. Congress has directed that this new benefit You may visit the Air Force website at automatically go into effect on 1 Nov 01, that the Air Force fur- www.afpc.randolph.af.mil/casualty or nish you with an explanation of the benefits available for visit the VA website at www.insurance.

SGLI changes go into effective 1 November